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What is claimed is:

- A nonwoven fabric for use in personal care absorbent articles comprising single polymer, helically crimped fibers.
- The nonwoven fabric of claim 1 wherein said polymer is selected from the group consisting of polyolefins, polyamides, polyesters, rayon, acrylics, superabsorbents, and regenerated cellulose.
- 10 3. The nonwoven fabric of claim 2 wherein said polymer is polyolefin.
 - 4. The nonwoven fabric of claim 3 wherein said polyolefin is polypropylene.
 - The nonwoven fabric of claim 1 wherein said fabric is bonded by a method selected from the group consisting of thermal point bonding, point unbonding, through air bonding, ultrasonic bonding and hydroentangling.
 - The nonwoven fabric of claim 5 wherein said fabric is bonded by thermal point bonding.
 - 7. The nonwoven fabric of claim 5 wherein said fabric is bonded by through air bonding.
 - 8. The nonwoven fabric of claim 5 wherein said fabric is bonded by hydroentangling.
- 25 9. The nonwoven fabric of claim 1 wherein said fibers are staple fibers.
 - 10. The nonwoven fabric of claim 1 wherein said fibers are continuous fibers.
- 11. The nonwoven fabric for personal care absorbent articles of claim 1 wherein said article is selected from the group consisting of diapers, training pants, absorbent underpants, adult incontinence products, bandages and other wound care products and feminine hygiene products.

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- An absorbent core for personal care absorbent articles comprising helically crimped fibers made from a superabsorbent polymer.
- A loop material for a hook and loop fastener wherein said loop material comprises single component helically crimped fibers.
- The loop material of claim 13 wherein said loop material is bonded with a point unbonded pattern.